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| --- | --- | --- | --- | --- | --- | --- |
| Themes | Period 1 | Period 2 | Period 3 | Period 4 | Period 5 | Period 6 |
| Physical and mental health, living conditions |  |  |  |  |  |  |
|  | Assessment | Targeted actions based on planned actions and free working time | Targeted actions in leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |  |
| Well-being |  |  |  |  |  |  |
|  | Assessment | Assessment | Assessment | Assessment | Assessment | Assessment |
|  | Making acquaintances in the class | Making acquaintances based on free working time | Making acquaintances based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |  |
|  | Individual coaching | Individual coaching | Phaseout individual coaching | Restart on a voluntary basis |  |  |
| Worldview, Identity and Perspective for the Future |  |  |  |  |  |  |
|  |  | Long term goals | Concretization of the planning | Managing based on free working time | Managing based on projects and leisure time in the neighbourhood or ‘world’ | Self-managed |
| Openness, Peacefulness, Focus |  |  |  |  |  |  |
|  | Openness in planned actions | Openness in free working time | Openness based on projects and leisure time | Self-managed openness |  |  |
|  | Peacefulness in planned actions | Peacefulness in free working time | Peacefulness in own timetable in leisure time | Self-managed peacefulness |  |  |
|  | Focus in planned actions | Focus in free working time | Focus in own timetable in leisure time | Self-managed focus |  |  |
| Learning processes |  |  |  |  |  |  |
| Languages | Initial measurement  Planned actions | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |  |
| Mathematics | Initial measurement  Planned actions | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |  |
| Sciences |  | Initial measurement | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Human sciences |  | Initial measurement | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Technology |  | Initial measurement | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Arts |  | Intake | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Religion |  | Intake | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Sports and movement |  | Initial measurement | Planned actions and free working space | Based on projects and leisure time | Active participation in the neighbourhood or the ‘world’ | Self-managed |
| Social-emotional skills |  |  |  |  |  |  |
|  | Initial measurement | Experimentation in planned actions | Experimentation in free working space | Development of skills for a specific context | Based on projects, leisure time and participation in the neighbourhood or the ‘world’. | Self-managed |

**How You Grow**