

What's in a name?

- Sit in a circle: everyone should see and hear well.
- Ask participants to share the story of their name, its history and meaning. If they don't know the story of their name, invite them to invent.
- Use some questions to guide participants (you may show them on a flipchart/blackboard). Here are some suggestions:
 - Who chose your name? Why?
 - Does your name have a meaning?
 - Do you like your name?
 - Do you have a nickname?
 - Would you like to change your name? Why?
 - If yes, which name would you like to have?

*In order to create a friendly atmosphere,
the teacher may start to tell his/her own story.*